

COVID19 Updates

NEW GUIDELINES FOR REOPENING

When Northampton County is finally given the "thumbs up" (green phase) for reopening for face to face appointments, you may notice a few changes that have been mandated by our state, as well as the Board of Massage Therapists.

I am currently doing prep work to have all the "social distancing" requirements in place to facilitate a smooth and safe transition for us all. I appreciate your patience and support through this trying time and I will do my best to accommodate your schedules and needs as we go forward.

If you can answer YES to any of the below questions, it is recommended that you reschedule your appointment by calling 610-759-6117.

- ❖ Have you had a fever in the last 24 hours of 100°F or above?
- ❖ Do you now, or have you recently had, any respiratory or flu symptoms, sore throat, or shortness of breath?
- ❖ Have you been in contact with anyone in the last 14 days who has been diagnosed with COVID-19 or has coronavirus-type symptoms?

CLIENTS

- ALL CLIENTS ARE REQUIRED TO WEAR A MASK during their entire session.
- Leave all unnecessary personal items in your car for your appointment to avoid cross-contamination.
- Do NOT bring anyone to your appointment.
- ONLY ONE CLIENT will be allowed in at a time.
- Client's TEMPERATURE will be taken before entering.
- Clients will be required to use hand sanitizer upon arrival.

SANCTUARY

- I am REQUIRED TO WEAR A MASK during the entire session.
- I will take my TEMPERATURE prior your appointment.
- Each client will have a fresh set of sheets along with the added protection of a headrest pillow case to capture aerosols.
- I will use hand sanitizer prior to beginning the session.
- The treatment, office, and bathroom areas will be sanitized between each client.
- Due to extra sanitization time requirements, additional time will be blocked out between appointments limiting the number of clients being seen daily.
- A HEPA filter has been installed in the treatment room for extra protection.
- I will no longer be using the hot packs or offering water to minimize contamination.